

CITY OF ROCKVILLE
DEPARTMENT OF RECREATION & PARKS
MUNICIPAL SWIMMING CENTER

SWIMMING CENTER RULES AND REGULATIONS

PLEASE READ CAREFULLY

The following rules and regulations have been established for the benefit and protection of all users of the Municipal Swimming Center, to assure the safe operation of pool facilities and to provide enjoyable recreation for all passholders and their guests.

Passholders are requested to cooperate in observing these rules and to obey the instructions of the aquatic staff and administrative personnel.

Patrons violating the Municipal Swimming Center's rules are subject to the LAWS OF ROCKVILLE, (Park and Recreation facilities), section 73.01.

ADMINISTRATION

1. **PASS PURCHASE.** Each passholder will be issued a photo identification card. Passholders are required to present and scan their card at the designated point of entry to the Swim Center facilities. **The management reserves the right to see passes at any time.**
2. **LOST OR STOLEN PASSES** must be reported as soon as possible after the discovery of their loss. Replacement passes may be obtained for \$5.00 per card.
3. **PASSES ARE NON-TRANSFERABLE.** Anyone transferring and/or anyone who is the recipient of a transferred pass will nullify the swimming privileges for the entire family for two weeks. The second offense may be the cause for revocation of privileges for the entire season.
4. **ROCKVILLE RECREATION IDENTIFICATION CARDS** must be obtained to verify residency and to obtain resident daily rates. Recreation Identification Cards can be purchased at the Swim Center for \$2.00 per person. Replacement cards are \$5.00.
5. **The management of the pool has the right to eject or refuse admittance to anyone who does not follow the rules and regulations governing the pool. Furthermore, the management has the right to delay or refuse admittance when the instant capacity of the pool has been reached.**
6. **REFUNDS.** Patrons requesting refunds for classes need to obtain approval from the Aquatics Supervisor. Membership refunds must be obtained from the Swim Center Superintendent. The supervisor on duty will govern refunds for daily admissions. **At no time will refunds be given for inclement weather.**

7. Youths (10) ten years of age and older may be admitted to the pool complex without an escort. **Children (9) nine and younger must be accompanied by their parent or legal guardian.**

8. **DAILY ADMISSION** – Everyone entering the Swim Center, even if they don't plan on using any of the facilities, must pay the daily admission fee or swipe their membership card.

Hours of Operation

The Rockville Municipal Swim Center's hours will be posted seasonally. Copies of the hours of operation are available at the front desk and outdoor booth.

The Municipal Swimming Center will be closed on New Year's Day, Christmas Day, and Thanksgiving Day. The Swim Center will close at 4:00 p.m. on Christmas Eve and New Year's Eve.

During the summer season the outdoor pools will be open daily for recreational swimming. The Indoor Pools will be reserved for classes, rentals, team practices, adult swim (children 5 and younger allowed) and special events.

NOTE: The management reserves the right to alter any schedule when deemed necessary.

Special Passholder Fee

Annual family or individual passes, at a reduced fee, are available to those Rockville individuals and families residing in the corporate City limits and meet the Rockville Public Housing eligibility standards set forth by the Rockville Public Housing Authority. Families need not be public housing tenants. For additional information call the Swim Center Monday through Friday 8:00 a.m. to 4:00 p.m. at (240) 314-8750.

Lockers and Locks

Lockers are provided for all patrons at both the indoor and outdoor bathhouse. **It is the responsibility of each patron to secure his/her own locker. The Rockville Municipal Swim Center will not be responsible for lost or stolen personal items.** All locks and locker contents must be removed each day. Any locks found on the lockers at the end of the day may be cut off, and the contents of the locker placed in the Lost and Found. Locks may be purchased at the front desk for a nominal fee. There are a limited number of lockers available for monthly rental. For more information inquire at the front desk.

Management

The Swim Center Superintendent or his designated assistant is responsible for the operation of the facility. **Their instructions must be followed at all times.** Should disagreement arise, patrons are advised to contact the Swim Center Superintendent at (240) 314-8750.

The pool may be closed when deemed necessary for the health, welfare or safety of its patrons.

Parking And Property

Parking is permitted in designated parking spaces only. Police patrols of the area will be made periodically and violators will be ticketed. The Swim Center parking lot is located near a residential community. Users and groups are requested to leave quietly and show every consideration to the neighboring residents.

Groups using the Swim Center are responsible for the general housekeeping of the facility. All trash, paper, and debris should be picked up and deposited in the designated receptacles.

Individuals, groups, or organizations are responsible for:

1. Damages to the property of building during their presence.
2. Rule violations or acts committed by users in buildings and on the surrounding grounds.

Patrons are not permitted to tamper with door locks, light fixtures, heat controls, or any other operational equipment.

Health and Sanitation

Showers – All patrons are asked to take a cleansing soap shower before entering the deck area. Sunbathers must shower before each entrance into the water in order to rinse off perspiration, lotions, zinc oxide, etc... Not doing so may cause a health risk to other users.

Drying Off – Patrons using the indoor pool showers must dry off completely before entering the locker room area or the lobby.

Foot Sprays – Upon returning from a grassy area, patrons are requested to wash their feet at the foot sprays conveniently located around the pool.

Attire - Only persons in bathing suits are permitted in the pool.

Illness – Any person having skin diseases, inflamed eyes, cold, nasal or ear discharge, or communicable disease will not be permitted to use the pool. Anyone with a non-communicable skin disease should contact the swim Center concerning this rule.

Hygiene - Spitting, spouting of water, blowing the nose and urinating in the pool are strictly prohibited.

Food – Food or refreshments may be consumed at the Snack Bar or in the grassy areas only.

Smoking – The Swim Center is a smoke free facility. This includes all outdoor areas within the Swim Center fences. You must be at least 50 ft away from the nearest entrance when smoking.

Safety

NO patron shall use a pool until it is officially open and lifeguards are on duty. In addition, no patron is allowed on the pool deck unless there is a lifeguard on duty.

NO general swimming is permitted in the area of the diving boards or at the bottom of the slide.

GUM chewing will not be permitted in the pool, on the decks, or in the locker rooms.

GLASS containers of any kind are prohibited in all Swim Center areas.

RUNNING on the pool decks or in the locker rooms is prohibited.

INJURIES occurring on the Swim Center premises **must be reported immediately to the Pool Supervisor or their staff.**

DISABILITIES such as heart condition, blindness, epilepsy, etc... must be reported to the Pool Supervisor or their staff.

ROUGH PLAY, pushing, acrobatics, dunking, wrestling, excessive splashing, yelling, diving or jumping hazardly, snapping of towels, improper conduct causing undue disturbances in or about the pool area or any acts which would endanger any patrons are prohibited.

TOYS, balls, innertubes, inflated boats, floats, etc... are permitted in the Tot Pool only. Use during the winter months is at the discretion of the supervisor on duty.

UNDERWATER SWIMMING – for distance is not allowed.

FLOATATION DEVICES – The only flotation devices permitted at the Rockville Swim Center are United States Coast Guard approved life vests. Vests must be clearly labeled as to USCG approval and size. Staff reserves the right to check all floatation devices at any time. **A parent or legal guardian must accompany individuals using a life vest in the pool, within arms reach, at all times. No exceptions.** Some lifejackets are available at the Swim Center.

NON-SWIMMERS or weak swimmers must remain in the shallow water, no deeper than their waist. Under no circumstances are they permitted in deeper water. **Any non-swimmer, at the discretion of the swim center staff, must be accompanied by their parent or legal guardian, at poolside, and in swimming attire, when using any of the pools. The Swim Center reserves the right to remove any swimmer from the pool when it is believed they pose a risk to themselves or to swimmers around them.**

EYEGLASSES and sunglasses are not permitted in the pool. **Special exceptions should be discussed with the pool supervisor.**

FINS are allowed for lap swimming only and should never be worn on the deck.

STORMS, OUTDOOR POOLS – During storms of high winds, lightning, or hard rain, the pools will be closed and the entire area cleared of patrons at the discretion of the Pool Supervisor. Because cover is limited, patrons are encouraged to go home. Others must remain inside. The pool will normally reopen in approximately 30 minutes after the storm has passed.

Rules for Diving

Diving is permitted only in authorized areas. No diving is permitted in the Outdoor Recreation Pool or the Indoor North Pool.

Divers must not congregate on the diving stand.

Only one person is allowed on the diving apparatus (including ladder) at one time.

No running is permitted on the diving boards.

Divers must dive straight from the front end of the board.

Divers must spring only once on the board.

When a diver has surfaced, they must immediately swim out of the diving area or to the near side of the pool. They must not swim under the boards at any time.

Rules for the Water Slide

Riders must be able to swim or stand in 4 1/2 feet of water.

Strong swimming ability required. Lifejackets are prohibited.

No one shall use the waterslide while under the influence of alcohol or drugs.

Maintain order while waiting, no running pushing or cutting in line.

No waiting on the steps.

Obey lifeguards instructions at all times. Do not go until you are instructed to do so.

Please remove goggles and/or masks before riding the slide.

Only one rider at a time.

Ride feet first in a sitting position or lying on your back with your feet and arms crossed.

Riding head first is prohibited.

No running, standing, kneeling, rotating, tumbling, or stopping in the flume.

Upon entering the pool, exit immediately to the right. Use the ladder to climb from the pool.

Users should be in good health. It is recommended that pregnant women or patrons with heart problems not ride the slide.

Rules for Lap Swimming

PICKING A LANE: It's rare to have a lane to yourself. When you need to share a lane, choose a lane appropriate to your speed. (Observe the Fast/Medium/Slow signs on the wall and the speed of the swimmers already present.) Sometimes you may choose a lane that is normally not for swimmers with your speed (maybe because it has nobody or just one swimmer already in it). In that case, be observant and move to a more appropriate lane if additional swimmers join you.

SHARING A LANE: If there is only one swimmer in the lane, **ask** if you can split the lane. (That means each of you pick a side and stay there.) If there are two or more swimmers in the lane when you arrive, then you should swim in a counter-clockwise circle, keeping the other swimmers on your left as you go up and down. **Make sure the other swimmers see you enter the water, wait for them at the end of the lane, let them know you're joining them and ask them to go circles if they aren't already.** Be considerate of other swimmers who overtake you by pausing at the wall as you turn to let them go by. Pass as you would in driving, by checking to see that you have enough space to pull out and around the slower swimmer. Avoid excessive kicking or splashing.

Bulletin Boards

Bulletin boards will be used as a major means of communication. Patrons are urged to read the announcements posted on the bulletin boards pertaining to lessons, pool closing, and news of other aquatic events.

Admittance of Children

TOT POOL – Use of the Tot Pool shall be limited to children six (6) years of age or under. Supervision of children in the Tot Pool is the responsibility of the person bringing them into the pool enclosure. **Children must not be left unattended!**

BABIES – All non-toilet trained babies must be diapered and wear tight fitting vinyl pants.

LOCKER ROOMS – Youths six (6) years of age and older are not permitted to use locker rooms of the opposite sex. Lockable lobby bathrooms are available.

AGE – Youths ten (10) years of age or older may be admitted to the pool complex without an escort. Children nine (9) or under must be accompanied by **their parent or legal guardian**.

Any non-swimmer, at the discretion of the swim center staff, must be accompanied by their parent or legal guardian, at poolside, and in swimming attire, when using any of the pools. The Swim Center reserves the right to remove any swimmer from the pool when it is believed that they pose a risk to themselves or to swimmers around them.

General Rules

LANGUAGE – The use of abusive or profane language or other improper conduct on the pool property shall be grounds for immediate expulsion.

ALCOHOL – Alcohol beverages or persons under the influence of alcohol will not be permitted in the pool complex, on its grounds, or surrounding areas.

PETS – No dogs, cats, or other pets are allowed within the pool complex.

P.A. & PHONES – The office telephones and the public address equipment may be used only to deliver messages of an emergency nature to persons at the pool.

CHAIRS – Swim center lounge chairs must remain in authorized areas and may only be reserved by physical presence in them. Personally owned chairs and lounges are permitted within the pool complex but must not be left overnight. For safety reasons, no chair is permitted within ten feet of the pool's edge.

CELL PHONES – Cell phone use is not permitted in any of the Swim Center bathhouses locker rooms, bathrooms, or changing areas.

CAMERAS, VIDEO CAMERAS – or any other device containing camera equipment may only be used with the direct permission of the supervisor on duty. Under no circumstance are they to be used in the locker rooms, bathhouses, bathrooms, or changing areas. The supervisor reserves the right to refuse the use of any and all cameras, video cameras, or any other devices containing camera equipment.

STAFF AREAS – Employees are the only persons allowed in the guard offices, filter rooms, mechanical rooms, storage rooms, first aid room, and offices.

VALUABLES – **Patrons are requested to leave their valuables at home.** No checking of valuables will be handled by the pool staff. The Swim Center cannot be responsible for the loss of theft of any personal belongings.

REST PERIODS – The pool may be cleared at the discretion of the management, of all youths seventeen (17) years of age or under for fifteen (15) minutes for a rest period.

CONVERSATION WITH GUARDS – Patrons are not to visit or engage in unnecessary conversation with the lifeguards while they are on duty in the chair.

ENTRY – Entry upon pool premises when it is not open for public use is prohibited.

ATTIRE – Swimmers must be attired in **swimming suits or swimming trunks. Blue jeans, cut-offs, gym shorts, and other makeshift suits are not permitted** because of health regulations. Wetsuits may be worn over a bathing suit.

NOISE MAKING DEVICES – The use of noise making devices such as whistles (except as used by lifeguards), sirens, horns, long-range speakers, etc...are prohibited in and around the immediate pool premises.

GROUPS – Single groups shall not monopolize a particular area of the pool such as the diving boards, on or around ladders or steps, lanes, etc... thereby limiting use by other patrons.

LANES – Periodically lanes will be roped off for those persons wishing to swim lengths undisturbed. Persons not swimming lengths should remain in the other pool areas. For effective use, **swimmers should swim counterclockwise near the lane ropes and pass in the middle.**

Health and Exercise Rooms

Use of the Upper Health and Exercise room is limited to adults only (18 years of age or older). Anyone 13-17 years of age may use the Lower Health and Exercise room if accompanied by their parent or legal guardian or with prior written parental permission on file at the Swim Center.

Saunas

Sauna users must be 18 years of age or older.

Persons with respiratory or cardio-pulmonary disease should not use the sauna.

Persons should remain in the sauna for no more than 10 minutes per session. Longer exposure may be dangerous to your health.

Bathing suits must be worn at all times.

Users should remove all metal jewelry before using sauna.

No more than 10 persons permitted in sauna at one time.

After using sauna, persons must take a shower before entering the pool. A shower is recommended after use in all cases.

All users must sit on a towel.

Whirlpool

Whirlpool users must be 18 years of age or older. Children 14 years of age and younger are not permitted in the whirlpool. Youths from 15 to 17 years are permitted in the whirlpool if accompanied by their parent or legal guardian.

Persons with respiratory or heart problems, and pregnant women should NOT use the whirlpool.

It is recommended that persons remain in the whirlpool for approximately 5 minutes. A time limit of 10 minutes per session in the whirlpool will be enforced.

The whirlpool is **CO-ED**. Bathing suits must be worn at all times.

No more than 15 persons are permitted in the whirlpool at one time.